



# FOOD

# ALLSTAR HEALTHY breakfast

**BREKKIE  
TIME**

**08 AM**

**03 PM**

## **Chia Pudding 64K**

*Mango, banana, chia seeds, coconut water topped with granola, honey*

## **No Bali Belly 64K**

*Fresh young coconut, yoghurt, dragon fruit, banana, spirulina powder*

## **Oat Porridge 64K**

*Cooked with milk and served with strawberry, grilled banana, honey, almond*

## **Granola Bowl 65K**

*Home made granola with cashew nut, pumpkin seeds, dry coconut, sun flower seeds, served yoghurt and milk*

## **Overnight Oats 65K**

*Poached apple, yoghurt, honey, bedugul strawberry*

## **Dragon's Power 65K**

*Fresh fruit salad, yoghurt, honey, dragon fruit, lime strawberry, matcha green tea*



*Granola Bowl*

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# egg ANY STYLE

## Smashed Avo on Toast 60K

Sourdough toasted bread, cream cheese, tomato cherry, red radish, watercress, poached egg

## Scrambled egg on Toast 60K

Pesto toast sourdough bread, caramelized onion, cherry tomato, watercress salad

## Shaksouka 69K

Middle eastern egg breakfast with pumpkin, mix paprika tomato sauce base, feta cheese

## Royal Egg Benny 69K

Muffin, spinach, smoked salmon, poached egg, hollandaise sauce

## Croque Madame 69K

Toasted mix seeds bread, cheese sauce, ham, sunny side egg, garlic mushroom

## Body Immune 69K

Sauteed spinach, mushroom, pumpkin, slice avocado, green bean, chia seeds, poached egg

## Sportsman Breakfast 95K

Bacon, baked bean, sauteed mushroom, roasted tomato, pork sausages, spinach, 2 egg any style, toasted bread, feta cheese

### Omelette of your style :

Choose your filling for your omelette, served with 1 slice of sourdough toasted bread

Ham and Cheese Omelette	35K
Spinach and Mushroom Omelette	30K
Turmeric Mix Vegetables Omelette	30K

## SMOOTHIE BOWLS

## Bali Tropical 65K

Watermelon, pineapple, banana, yoghurt, chia seeds

## Berry Bless 65K

Berry bless, strawberry, blue berry, Raspberry banana, yoghurt, coconut

## The Gardener 65K

Moringa, spinach, cucumber, apple, yoghurt, coco peanut butter, banana, topped with lime and mints



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# MOUTH WATERING **asian breakfast**

## **Bubur Ayam 45K**

*Rice congee, poached egg, pulled chicken, fried wonton skin, ginger soy suce*

## **Nasi or Mie Goreng Solia 65K**

*Traditional fried rice or noodle with special paste, vegetables, fried egg, chicken satay*

## **Opor Ayam 65K**

*Cooked chicken in coconut sauce and served with cilantro and steam rice*

## from **OUR BAKER :**

Sourdough	25K
Chocolate Brownies	25K
Pumpkin and Raisin Cake	25K
Coconut Cookies	25K
Banana Loaf Cake	30K

## **SWEET SWEET**

### **Seasonal Fruit Platter 45K**

*Mix fruit from local bali season*

### **Banana Pancake 55K**

*Honey, mix berry compote*

### **Chocolate Pancake 55K**

*Banana , strawberry, chocolate sauce*

### **French Toast 50K**

*Brioche toast with cinnamon powder, sour cream cheese, mix berry compote, Mapple syrup*



*Banana Pancake*

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**DINE ALL DAY**

**12 PM - 11 PM**

## SOUPS

**Creamy Mushroom Soup 65K**

*Served with garlic bread*

**Tom Yam Seafood Soup 🌶️ 👍 75K**

*Spicy thai soup with prawn, squid, fish, tomato, lime leaf*

**Sup Buntut 85K**

*Indonesian famous oxtail beef soup with carrot, celery, red bean*

## SALADS

**Caesar Salad with Grilled Chicken 👍 80K**

*Baby romain, bacon, boiled egg, parmesan cheese, crouton*

**Tuna Nicoise Salad 80K**

*Medium rare tuna, romain lettuce, paprika, boiled egg, black olive, vinaigrette dressing*

**Red Prawn Salad 80K**

*Avocado, cucumber, tomato, ginger honey dressing*

**Thai Beef Salad 👨‍🍳 85K**

*Grill beef striploin, cabbage, carrot, coriander, cucumber, tomato, roasted peanut*



*Red Prawn Salad*

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# BURGER | WRAPS | SANDWICHES

## Chicken Tikka Masala Wrap 88K

Garlic mayo, tomato, cucumber, lettuce, french fries

## Chicken Snitzel Sandwich 88K

Sourdough toast, mustard mayo, caramelized onion, tomato, lettuce leaf, french fries

## Grill BBQ Chicken Burger 90K

Lettuce, tomato, pickled cucumber, cheddar cheese, french fries

## Wagyu Beef Burger 125K

Lettuce, tomato, pickled cucumber, cheddar cheese, caramelized onion, french fries

## PASTA

## Fettucini Carbonara 85K

Bacon, onion, garlic, mushroom, cream, parmesan cheese

## Penne Chicken Pesto 85K

Healthy herb pesto sauce in pasta, parmesan cheese

## Spaghetti Aglio Prawn 125K

Prawns, clams, calamari, garlic, chili, cherry tomato, paprika, herbs

## Wagyu Beef Bolognese Linguini 125K

Tomato sauce, basil, parsley, parmesan cheese

# STEAK | FILLETS | GRILL

## Chermoula Chicken Spatchcock 95K

marinated baby chicken with spices, homemade potato gnocci, baby rocket leaf

## Confit Duck Leg 95K

3 hours confit duck, warm cous - cous salad with pumpkin, duck jus

## Hot Pork Rib 170K

400gr pork rib, french fries, mix salad balsamic dressing, corn on the cob, special BBQ sauce

## Tenderloin Steak 185K

Mashed potato, carrot, broccoli, mushroom, edamame

## Australian 200 gr Rib Eye Fillet 185K

Mashed potato, carrot, broccoli, mushroom, edamame

## Pan Seared Baramundi Fillet 125K

Creamy clam sauce, squid with pesto

## Herb - Basted Pork Chop 135K

Served with mash potato, green bean, mustard sauce

choices of sauce

black pepper sauce, BBQ, mushroom sauce

## Hot Pork Ribs



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# PIZZA

## Margherita Pizza 75K

*Tomato, basil, mozzarella cheese*

## Ham and Pineapple Pizza 85K

*Ham, pineapple, mozzarella cheese*

## Chorizo Pizza 85K

*Italian chorizo, mozzarella cheese, watercress*

## Bacon and Mushroom Pizza 85K

*Cream cheese, onion, bacon, mushroom, mozzarella cheese*

# ASIAN SPECIALITY

## Nasi Goreng Solia 80K

*Traditional fried rice with our special sambal paste, vegetables, fried egg, chicken satay*

## Mie Goreng Solia 80K

*Traditional fried noodle with our special sambal paste, vegetables, fried egg, chicken satay*

## Sumatran Beef Rendang 85K

*Slow cooked beef topside with rendang paste, shredded coconut, steam rice*

## Indian Butter Chicken 85K

*Famous indian curry with chicken and vegetables, steam rice*

## Indonesian Prawn Curry 90K

*Prawn cooked in coconut water with special java curry paste, lime leaf*

## Black Pepper Beef 125K

*Chinese style stir fry sliced imported beef with onion, garlic, mix paprika, broccoli*

## Prawn Laksa Noodle 85K

*Laksa base of prawn, eeg noodle, bokchoy, tofu*

*Indonesian Prawn  
Curry*



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## smallBITES

**Vegetables Spring Roll 45K**

*Mix vegetables, sweet chili sauce*

**Fried Chicken Wonton 55K**

*Chicken dumpling served with ginger and sweet chili sauce*

**Thai chicken wings 🍷 55K**

*Marinated chicken wings, nuoc cham dressing*

**Cheese Potato Samosa 55K**

*Home made samosa , mint raita*

**Malay Chicken Satay 🍷 60K**

*Spiced chicken satay, palm sugar, cummin, peanut sauce*

**Sate Babi Bali 65K**

*Traditional marinated pork satay served with sambal merah*

### DESSERT DESSERT

### SIDES

Fruit Platter	45K	Steam Rice	25K
Dark Chocolate Brownies	55K	French Fries	35K
Carrot and Apple Cakes	55K	Sauteed Mix Vegetables	45K
Frosting Banana Cheese Cake	55K	Mix Salad Balsamic Dressing	45K
Vanilla Crème Brulee 🍷	55K		



*Carrot and Apple  
Cake*

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